

| TRAININGSSCHEMA vvZWANENBURG |                                   |                 |                  |         |             |                 |                 |                  |         |             |                                   |              |         |         |
|------------------------------|-----------------------------------|-----------------|------------------|---------|-------------|-----------------|-----------------|------------------|---------|-------------|-----------------------------------|--------------|---------|---------|
| Maandag                      |                                   |                 |                  |         | Dinsdag     |                 |                 |                  |         | Woensdag    |                                   |              |         |         |
| Tijd / Veld                  | Veld 1A                           | Veld 1B         | Veld 2A          | Veld 2B | Tijd / Veld | Veld 1A         | Veld 1B         | Veld 2A          | Veld 2B | Tijd / Veld | Veld 1A                           | Veld 1B      | Veld 2A | Veld 2B |
| 16:00                        | O8-1/2 en MINIS                   |                 |                  |         | 16:00       |                 |                 |                  |         | 16:00       | O8-1/2 en MINIS                   |              |         |         |
| 16:15                        |                                   |                 |                  |         |             |                 | 16:15           |                  |         |             |                                   |              |         |         |
| 16:30                        |                                   |                 |                  |         |             |                 | 16:30           |                  |         |             |                                   |              |         |         |
| 16:45                        |                                   |                 |                  |         |             |                 | 16:45           |                  |         |             |                                   |              |         |         |
| 17:00                        | O9-1/2/3/4<br>en<br>O10-1/2/3/4/5 |                 |                  |         | 17:00       |                 |                 |                  |         | 17:00       | O9-1/2/3/4<br>en<br>O10-1/2/3/4/5 |              |         |         |
| 17:15                        |                                   |                 |                  |         |             |                 | 17:15           |                  |         |             |                                   |              |         |         |
| 17:30                        |                                   |                 |                  |         |             |                 | 17:30           |                  |         |             |                                   |              |         |         |
| 17:45                        |                                   |                 |                  |         |             |                 | 17:45           |                  |         |             |                                   |              |         |         |
| 18:00                        | O11-1/2/3/4<br>en<br>O12-1        |                 | O14-1            |         | 18:00       | O15-1           | O13-1           | MO15-1           | O14-2   | 18:00       | O11-1/2/3/4<br>en<br>O12-1        |              | O14-1   |         |
| 18:15                        |                                   |                 |                  |         | 18:15       |                 |                 |                  |         |             |                                   |              |         |         |
| 18:30                        |                                   |                 |                  |         | 18:30       |                 |                 |                  |         |             |                                   |              |         |         |
| 18:45                        |                                   |                 |                  |         | 18:45       |                 |                 |                  |         |             |                                   |              |         |         |
| 19:00                        | Jeugd Keepers                     | O23-1<br>ZAT    | O16-1            |         | 19:00       | Jeugd Keepers   | VR1             | MO17-1           | JO17-1  | 19:00       | O16-1                             | O23-1<br>ZAT |         |         |
| 19:15                        |                                   |                 |                  |         | 19:15       |                 |                 |                  |         |             |                                   |              |         |         |
| 19:30                        |                                   |                 |                  |         | 19:30       |                 |                 |                  |         |             |                                   |              |         |         |
| 19:45                        |                                   |                 |                  |         | 19:45       |                 |                 |                  |         |             |                                   |              |         |         |
| 20:00                        |                                   |                 |                  |         | 20:00       |                 |                 |                  |         |             |                                   |              |         |         |
| 20:15                        | ZAT1                              | ZAT2            | 35+-1/2<br>(7x7) |         | 20:15       | ZON<br>SELECTIE | ZON<br>SELECTIE | O23-1<br>ZON     | ZON3    | 20:15       | VET45+                            | ZAT2         | ZAT1    |         |
| 20:30                        |                                   |                 |                  |         | 20:30       |                 |                 |                  |         |             |                                   |              |         |         |
| 20:45                        |                                   |                 |                  |         | 20:45       |                 |                 |                  |         |             |                                   |              |         |         |
| 21:00                        |                                   |                 |                  |         | 21:00       |                 |                 |                  |         |             |                                   |              |         |         |
| 21:15                        |                                   |                 |                  |         | 21:15       |                 |                 |                  |         |             |                                   |              |         |         |
| 21:30                        |                                   |                 |                  |         | 21:30       |                 |                 |                  |         |             |                                   |              |         |         |
| Donderdag                    |                                   |                 |                  |         | Vrijdag     |                 |                 |                  |         |             |                                   |              |         |         |
| Tijd / Veld                  | Veld 1A                           | Veld 1B         | Veld 2A          | Veld 2B | Tijd / Veld | Veld 1A         | Veld 1B         | Veld 2A          | Veld 2B |             |                                   |              |         |         |
| 17:00                        |                                   |                 |                  |         | 17:00       |                 |                 |                  |         |             |                                   |              |         |         |
| 17:15                        |                                   |                 |                  |         | 17:15       |                 |                 |                  |         |             |                                   |              |         |         |
| 17:30                        |                                   |                 |                  |         | 17:30       |                 |                 |                  |         |             |                                   |              |         |         |
| 17:45                        |                                   |                 |                  |         | 17:45       |                 |                 |                  |         |             |                                   |              |         |         |
| 18:00                        | O15-1                             | O13-1           | MO15-1           | O14-2   | 18:00       |                 |                 |                  |         |             |                                   |              |         |         |
| 18:15                        |                                   |                 |                  |         |             |                 |                 |                  |         |             |                                   |              |         |         |
| 18:30                        |                                   |                 |                  |         |             |                 |                 |                  |         |             |                                   |              |         |         |
| 18:45                        |                                   |                 |                  |         |             |                 |                 |                  |         |             |                                   |              |         |         |
| 19:00                        | VR1                               | MO17-1          | JO17-1           | ZON3    | 19:00       |                 |                 | Keeper School    |         |             |                                   |              |         |         |
| 19:15                        |                                   |                 |                  |         |             |                 |                 |                  |         |             |                                   |              |         |         |
| 19:30                        |                                   |                 |                  |         |             |                 |                 |                  |         |             |                                   |              |         |         |
| 19:45                        |                                   |                 |                  |         |             |                 |                 |                  |         |             |                                   |              |         |         |
| 20:00                        |                                   |                 |                  |         |             |                 |                 |                  |         |             |                                   |              |         |         |
| 20:15                        | ZON<br>SELECTIE                   | ZON<br>SELECTIE | O23-1<br>ZON     | ZON4    | 20:15       |                 |                 | 35+-1/2<br>(7x7) |         |             |                                   |              |         |         |
| 20:30                        |                                   |                 |                  |         |             |                 |                 |                  |         |             |                                   |              |         |         |
| 20:45                        |                                   |                 |                  |         |             |                 |                 |                  |         |             |                                   |              |         |         |
| 21:00                        |                                   |                 |                  |         |             |                 |                 |                  |         |             |                                   |              |         |         |
| 21:15                        |                                   |                 |                  |         |             |                 |                 |                  |         |             |                                   |              |         |         |
| 21:30                        |                                   |                 |                  |         |             |                 |                 |                  |         |             |                                   |              |         |         |



Trainingsschema: v3  
Datum: Oktober 2022  
Seizoen: 2022/2023



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